

Thomas Britt, MD, MPH, ACSM-CEP



Dr. Britt is past Chair, Department of Public Health in the College of Health Sciences at Chicago State University (CSU). He served as the Principal Investigator for an NIH Grant, titled *Chicago Southside Cancer Disparities Initiative*. This grant was a collaboration between the University of Chicago's Comprehensive Cancer Center and CSU, aimed at developing educational and academic pathways to increase knowledge transfer at the undergraduate and graduate levels in order to increase representation of minorities as leaders in research, policy and education. As Chair of the Chicago Coalition of the National Black Leadership on Cancer he served as an Individual Investigator/Subcontractor of a NCI Grant, titled *Educational Program to Increase Colorectal Cancer Screening*. As a faculty member of the Oncology Nursing Society, as well an American College of Sports Medicine certified Health Fitness Specialist, Dr. Britt has lectured locally and nationally on the impact of exercise and nutrition on cancer development and treatment. He is also Chair of the National African American Drug Policy Coalition-Chicago, an organization that addresses the impact of drugs on

our society, especially drug sentencing inequalities. Additionally, Dr. Britt currently serves as the *President*, American Association of Public Health Physicians; *Associate Editor*, International Journal of Tropical Diseases and Health; *Abstract Reviewer* for the Community Health Planning and Policy (CHPPD) section of the American Public Health Association; and CSU's *Representative to the NAACP-Chicago Southside Branch*, focusing on health disparities.

Grants

- **Principal Investigator**, National Cancer Institute ... 2012-2017
 - Focus: Cancer disparities on the south side of Chicago
- **Individual Investigator**, National Cancer Institute ... 2012-2017
 - Focus: Educational Program to Increase Colorectal Cancer Screening

Professional Service

- **President**, American Association of Public Health Physicians
- **President**, Health Policy Institute of Chicago
- **Associate Editor**, International Journal of Tropical Diseases and Health
- **NAACP**, Chicago State University's representative to the Chicago Southside NAACP Branch
 - Focus: Health Disparities
- **Medical Ambassador**, the American Cancer Society
- **Board member**, the African American Initiatives Executive Advisory Board of the American Diabetes Association
- **Abstract Reviewer**, Community Health Planning and Policy Development section of the American Public Health Association
- **Abstract Reviewer**, National Institute on Minority Health and Health Disparities
- **Founder and Editor**, Department of Health Studies Newsletter, Chicago State University
- **Certified Clinical Trauma Professional**, International Association of Trauma Professionals
- **Member**, Chicago Community Emergency Response Team
- **Member**, American College of Sports Medicine
 - Certified Exercise Physiologist
 - Team Physician
- **Member**, the Community Advisory Board, College of Health Sciences, Chicago State University

Scholarship

Publications (peer-reviewed)

- Watkins, Y., Randal, F., Curry, G., Moulden, K., **Britt, T.**, et al. Touching Others Using Caring Hands: Graduate Students Learn Patient Navigation Skills for Cancer Survivors. *Journal of Oncology Navigation & Survivorship*. 2015 August; 6(4): 17,20.

- Smith, SA., Sheats, J., Whitehead, M., **Britt, T.** Developing a Cookbook with Lifestyle Tips: A Community-Engaged Approach to Promoting Diet-Related Cancer Prevention Guidelines. J J Food Nutrition, 2015, 2(2): 012.
- Fritz, C., Watkins, Y., Kim, K., **Britt, T.** Are we missing the mark?: The implementation of community participation in cancer disparities curriculum development. Journal of Racial and Ethnic Health Disparities, DOI 10.1007/s40615-014-0072-9, 13 December 2014.
- Bell, C., Scott, R., Mock, L., **Britt, T.** African American Perspectives on 9-11. Journal of Social Distress and the Homeless, Vol.12, No. 4:pp 249-260, 2003.
- Lopez-Majano, V., Layon, J., **Britt, T.** Pulmonary Hypertrophic Osteoarthropathy: It's Modification by Therapy. European Journal of Nuclear Medicine, Vol.7: 419-421,1982.

Abstracts and Presentations ... Abstracts

- Randal, F., Watkins, Y., Curry, G., **Britt, T.**, et al. Touching others using caring hands: Training Minority Massage Therapists to deliver community-based cancer survivor stress reduction techniques. American Public Health Association, Atlanta, GA., November 2017.
- **Britt, T.**, Curry, G., Watkins, Y., Kim, K., et al. Educational program to increase colorectal cancer screening in African Americans. American Public Health Association, Denver, CO., Nov. 2016.
- Britt, R., Watkins, Y., **Britt, T.** Raising awareness in the elderly nutritional needs. American Public Health Association, Denver, CO., November 2016.
- Britt, R., Picetti, D., Pangle, A., **Britt, T.**, et al. African Americans and their understanding of hydration for health. Gerontological Society of America, New Orleans, LA., November 2016.
- Watkins, Y., **Britt, T.** Impact of Community-based Cancer Survivorship Nutrition Education Program. Oxford Roundtable, Oxford University, United Kingdom, July 2016.
- Watkins, Y., Randal, F., Curry, G., Moulden, K., **Britt, T.**, et al. Touching Others Using Caring Hands: Graduate Students Learn Patient Navigation Skills for Cancer Survivors. Academy of Oncology Nurse & Patient Navigators Conference, Atlanta, GA, October 2015.
- Watkins, Y., **Britt, T.** Measuring micronutrient composition in organic vs. conventional fruits. Oxford University Round Table, Oxford University, United Kingdom, August 2014.

Professional Memberships

- American Medical Association
- American Public Health Association
- American College of Sports Medicine
- Cook County Physicians Association
- National Medical Association
- Physicians Committee for Responsible Medicine

Honors/Awards

- **Academic and Student Affairs Excellence Award** ... Chicago State University, April 2018
- **Research Excellence Award** ... Chicago State University, April 2018
- **Humanitarian Award** ... Peer Plus, Community Support in Health Awareness, Nov 2017
- **Most Distinguished Man of Illinois**, Continuing Academic Training, Children and Youth Services, Inc., June 2014
- **Who's Who in Black Chicago**, 3rd Edition, March 2010

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