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# American Association of Public Health Physicians

## E-Bulletin

***The Voice of Public Health Physicians-Guardians of the Public's Health***

### **AAPHP Meetup at AMA HOD June 15**

Chicago Hyatt Regency, Skyway 265

5:00 PM to 5:30 PM

Introductions/ Discussions

5:30 to 6:30 PM

Lecture and Discussion: Saving  
Smokers lives'  
New Evidence Based Approaches  
by Dr. Joel Nitzkin

6:30 PM

Business Committee Meeting

All are welcome to meet at Houlihan's  
111 E Upper Wacker Dr. Chicago, IL  
60601 for dinner (separate checks)  
after the lecture and/or business  
committee meeting

### **Proposed AMA resolutions**

To see our proposed resolutions  
for the AMA meeting, go to:

[http://www.aaphp.org/  
ResolutionsS](http://www.aaphp.org/ResolutionsS)

AAPHP's submitted resolutions  
include:

**Res 206** - Preservation of the  
Public Health Infrastructure,

**Res 407** - Tobacco Harm  
Reduction,

**Res 408** - Enhanced Education  
for Abrupt Cessation of  
Smoking ,

**Res 702** - Patient Protection and  
Affordable Care Act,  
Accountable Care Organizations,  
Public Health and Organized  
Medicine and

**Res 703** - Population Based  
Practices in Accountable Care  
Organizations  
Genome Analysis and Variant  
Identification



## President's report by Virginia Dato MD

We have accomplished much. I wish to thank the Resolution, Policy and Legislation committee for their diligent work developing and voting on our 6 resolutions submitted to the AMA. We have migrated our website to one that can provide membership renewals, public and private forums in addition to educational webpages designed by members. We can also respond quickly to changes with the issuance of ebrieffs and have been able to be the voice of Public Health Physician through our twitter account (Recent tweets are included later in this newsletter) and our support for the One Health Initiative.

We also have a number of new board members and officers whose biography's you will find on pages 3-5. And we are fortunate to have a dedicated President-Elect who is intent on improving AAPHP's ability to serve you.

This is a great time to recruit new members. Young Physicians can join for just \$25.00 and we have a variety of categories – active physician, resident, student, retired, affiliate and associate that includes all Public Health Physicians. New members joining after June 1, 2013 will be given membership for 2014 automatically. Joining is easy - <http://www.aaphp.org/Application> .

I look forward to meeting those who are able to make it to Chicago for the House of Delgates Meeting. The **meetup** will be devoted to a lecture by Dr. Nitzkin. **Additional** time will be devoted to planning for the future. **Public Health Physicians are facing many challenges with sequestration, state and local funding cuts.** We need to grow by bringing in new members and work together to advance our common goals. Where do you want to see AAPHP go? Please send your ideas and suggestions to me at [vmdato@aaphp.org](mailto:vmdato@aaphp.org).

## AAPHP has an Intern!!

**Poornima Oruganti**, a rising 2<sup>nd</sup> year medical student attends the Northeast Ohio Medical University (NEOMED) in Rootstown, OH. Ms. Oruganti graduated magna cum laude from Youngstown State University (YSU), Youngstown, Ohio in May 2012. She brings an interest the field of public health, as well as in medical policy and advocacy. In addition to relevant medical school work, Ms Oruganti bring experience as a research scientist in college and a policy debate coach and judge in college. Ms. Oruganti will be physically located at and work **partime** for Atlas Research under the supervision and mentorship with Dr. Suh. We welcome Ms. Oruganti!

## New Board members

**Katrina Rhodes, MD, MS, FACPM** is a public health & preventive medicine physician with over a decade of diverse experience in health administration, health policy, health promotion/disease prevention, health equity and health education. Dr. Rhodes has recently been consulting in the Maryland/Washington, DC/Virginia area as a technical evaluator and advisor of community public health needs and behavioral health practices and a regulatory advisor to public health and clinical practices on federal healthcare regulations and public-private partnerships. Previously, Dr. Rhodes evaluated pharmacotherapies and lifestyle interventions for chronic diseases including obesity and diabetes as a medical officer at Health & Human Services' Food & Drug Administration, and served as a health educator with the Peace Corps in Madagascar, and has been a systems-based monitor, evaluator, leader and advisor of domestic and international public health practice, prevention services and community-based health programs. Dr. Rhodes completed undergraduate studies at Washington University in St. Louis, medical studies at Northwestern University Feinberg School of Medicine, and residency training at University of Maryland's General Preventive Medicine & Public Health Residency Program. Dr. Rhodes is a member of American Public Health Association, National Medical Association, American Medical Association, Alpha Kappa Alpha Sorority, Incorporated, National Peace Corps Association, Phi Beta Kappa, and Sigma Xi Scientific Honorary Society. Dr. Rhodes has previously been recognized by ACPM for her research with health equity in cardiovascular disease by receiving ACPM's Annual Conference Awards for Outstanding Scientific Poster, Outstanding Resident Poster, and Outstanding Poster Presentation.

**Karsten Lunze, MD, MPH**, is an assistant professor at Boston University (BU) and a preventive medicine practitioner, teacher, and researcher. Dr Lunze received a medical degree and an additional doctorate in genetic epidemiology from Charité Medical School in Berlin, Germany, and an MPH in global health from the Harvard School of Public Health. He also holds University Certificates in Humanitarian Studies from Harvard University, in French Philology from Sorbonne University in Paris (France) and in Traditional Chinese Medicine from the Academy of Chinese Medical Sciences (WHO Collaborating Centre) in Beijing (China). He trained in pediatrics and pediatric cardiology at Charité and Hopkins University, and in Preventive Medicine and Addiction Medicine at Boston University. Dr Lunze is a health adviser for UNICEF at their New York headquarters, where he consults on maternal and newborn health. In his clinical practice, he has provided outpatient addiction care and preventive services for drug users at Boston Medical Center's Office-based Opioid Treatment Clinic. His research nationally and internationally focuses on HIV prevention among drug users, and its relation to human rights, and on newborn health. He has taken over roles as conference chair, panel member; is peer reviewer for a dozen journals; and has appeared on national media, including the Washington Post. Internationally, Dr Lunze teaches management and leadership to public health practitioners, and consults on health systems strengthening, including WHO country offices and academic institutions abroad.

**Scott Cherry, DO, MPH**, is a board certified physician in the medical specialties of Occupational & Environmental Medicine and Public Health & General Preventive Medicine with experience in the delivery and practice of medicine at the technical, professional, and population level. Dr. Cherry has a combined 12 years of active duty service for the US Navy and US Army. His military work experience includes medical technician, combat medic, general practitioner, and occupational & preventive medicine specialist. Scott currently serves as the Chief of Occupational Health Services at White Sands Missile Range. His practice focuses on employee health based on pertinent regulatory agencies required medical evaluations. These include medical surveillance of hazardous exposures (asbestos, lead, silica, radiation, etc.) and fitness for duty/certification exams for positions with physical demanding duties, public safety officers (federal police, guards, fire fighters), safety sensitive duties positions and special population employees (explosive/missile handlers, commercial motor vehicles, personnel reliability program) with strict adherence to regulatory guidance utilizing systems based practice and evidence based medicine. Scott has unique expertise serving as the lead competent medical authority providing medical support to the U.S. Army's sole nuclear fast burst reactor.

**Sami A. Beg, MD, MPA, MPH**, serves as the Associate Medical Director of U.S. Preventive Medicine and its subsidiary, U.S. Care Management. Recruited to help develop and launch a new web based prevention and wellness product for employers and individuals, Dr. Bég was among the first few employees at the start-up and joined as the first full time physician at the company in 2007. Most recently, Dr. Bég was instrumental in the development of the Macaw mobile health and fitness app which was named the winner in the Mobile Applications: Health, Wellness and Fitness category of CTIA's Emerging Technology (E-Tech) Awards. In addition to clinical programs leadership, business and product development, he works closely with employers to promote lifestyle medicine and create a culture of health at worksites. Dr. Bég has a background in health services management and policy and in 2010 was appointed by the mayor of Jacksonville to the Mayor's Council on Fitness and Well-being for the City of Jacksonville, Florida where he served a two year term. Dr. Bég received his Doctor of Medicine from SUNY Upstate Medical University in Syracuse, NY and completed his residency in Preventive Medicine at the New York State Department of Health and SUNY University at Albany.

**Secretary: Jaspal Ahluwalia, MD, MPH**, is a preventive medicine and occupational medicine physician currently working at the US Army Medical Research Institute of Infectious Diseases (USAMRIID) at Fort Detrick, Maryland. He received his medical degree from The Ohio State University and his public health degree at Johns Hopkins University. He did a transitional internship at Walter Reed Army Medical Center in Washington, DC, and then a preventive medicine residency at the Walter Reed Army Institute of Research. He then completed an occupational medicine residency at the Uniformed Services University of Health Sciences. At USAMRIID, Dr. Ahluwalia leads an effort to bolster the public health systems of various nations against the threat of biological select agent diseases such as Anthrax or Ebola. He has extensive experience in engaging with foreign ministries of health to collaboratively develop physician training programs for infectious diseases. He is a Major in the US Army medical corps and recently served a tour in Afghanistan as the 82nd Airborne health advisor for stability operations where he was responsible for the public health reconstruction efforts of

## New and Noteworthy

Share your news with fellow AAPHP members! AAPHP is fortunate to have an exciting community. We will include new and noteworthy items about members in coming newsletters. Please let us know about your news that you would like to share with fellow AAPHP members: professional activities, accomplishments, observations, appointments, publications, appearances in the media, celebrations, awards, networking opportunities, and other items, by emailing them to [karsten.lunze@post.harvard.edu](mailto:karsten.lunze@post.harvard.edu). Feel free to include a picture or photo!

## Membership Report (May 18)

Membership numbers:

153 current active members / 45 of these are overdue

Active Physicians 65 (21 overdue)

Affiliate 7

Associate Physicians 1

Lifetime Members 22

Medical Student 14 (6 overdue)

Physician Resident 10 (6 overdue)

Physician Retiree 21 (11 overdue)

Physician Retiree Sustaining 1

Physician Supporting Active 5 (1 overdue)

Young Physician 7

## AAPHP TREASURER'S REPORT, 2012-10-01 to 2013-05-23:



### CURRENT BALANCES:

\$4,324.86 = Working balance, available to pay our current bills.  
\$8,109.07 = Savings, to cover future costs of Lifetime members.  
\$12,433.93 = TOTAL CURRENT BALANCES.  
(Opening balance 2012-10-01 was \$12,740.28.)  
FISCAL YEAR ACTIVITY, 2011-10-01 TO PRESENT (Budget for 12 months):  
\$4,170.00 = Active Member dues (budget = \$9500)  
\$1,090.10 = Premium dues & additional contributions (budget = \$1200)  
\$995.00 = Reduced dues (retired, in-training, Associate, YPS) (budget = \$1000)  
\$5.40 = Interest and other income (not budgeted)  
\$0.00 = Transfer from savings for current expenses of Lifetime members.  
\$6,260.50 = TOTAL INCOME, YEAR TO DATE (budget \$12,020)  
\$5,246.00 = Management fees to CAM, Inc. (budget \$8100)  
\$658.29 = Meeting fees and expenses (budget \$1000)  
\$0.00 = Communications (budget \$1200)  
\$662.56 = Bank fees & other admin (budget \$800)  
\$6,566.85 = TOTAL EXPENSE, YEAR TO DATE (budget \$12,020)  
\$5.40 = To savings (budget \$920)

### TREASURER'S COMMENTS:

- 1: Total balances 2012-05-23 were \$14,972.99 & are \$2539.06 less on 2013-05-23.
- 2: Year-to-year change in total balances is a rough indicator of financial sustainability.

Details are in the "Details" sheet of "AAPHP Treasurer Report 2012-2013 INTERIM.xls".

Respectfully submitted,

Dave Cundiff, MD, MPH, AAPHP Treasurer  
Treasure's report

## **Bylaw changes approved**

### Article III - Membership

7. Associate: A public health physician without a license to practice medicine and surgery in the United States. Associate members receive AAPHP publications and may attend AAPHP General membership meetings and CME meetings.; Associate members will pay annual membership dues approved in accordance with Article X, B, will vote, serve on committees, and may hold up to one board seat on the Board of Trustees but not in an officer position.; In cases with questionable credentials eligibility for membership will be decided by the Executive Committee.

8. Affiliate member: a person who does not meet criteria for other dues paying membership categories. Affiliate members receive AAPHP publications and may attend AAPHP General Membership and CME meetings. Affiliate members will pay annual membership dues approved in accordance with article X, B, will have no vote and may not hold any officer or Board of Trustee position. At the President's discretion, an affiliate member may be appointed as a non-voting member of an AAPHP Committee.

10. No person shall be denied membership on the basis of gender, race age, sexual orientation, disability or political or religious belief.



## AAPHP Tweets – <https://twitter.com/AAPHP>

AAPHP@AAPHP32m - Twitted on Memorial Day

National Prayer for Permanent Peace at 11:00 a.m. Today. National Moment of Remembrance at 3:00 p.m. Never Forget . [http://www.defense.gov/home/features/2013/0513\\_memorialday/](http://www.defense.gov/home/features/2013/0513_memorialday/) ...

AAPHP@AAPHP13 May

Excellent CDC cartoon with advice for kids and adults on how to be tick safe to prevent Lyme disease! [http://www.cdc.gov/lyme/resources/toolkit/DontletTicksbiteComicFS\\_508.pdf](http://www.cdc.gov/lyme/resources/toolkit/DontletTicksbiteComicFS_508.pdf) ...

AAPHP@AAPHP12 May

Excellent TED lecture about a new approach to fighting Dengue Fever [https://www.ted.com/talks/hadyn\\_parry\\_re\\_engineering\\_mosquitos\\_to\\_fight\\_disease.html](https://www.ted.com/talks/hadyn_parry_re_engineering_mosquitos_to_fight_disease.html) ...

AAPHP@AAPHP11 May

This editorial by Michael T. Osterholm is a nice summary of reasons infectious disease threats are ever present <http://www.nytimes.com/2013/05/10/opinion/the-next-contagion-closer-than-you-think.html?ref=opinion> ...

AAPHP@AAPHP5 May

Get movin! Celebrate life of Toni Yancey with @preventioninst & partners. May 7, 1 pm PDT #instantrecess See <http://bit.ly/11VSIga>

AAPHP@AAPHP28 Apr

One Health Initiative Advances Care for Humans, Animals and the Environment <http://www.solutions-site.org/node/875>

AAPHP@AAPHP14 Apr

The new membership categories that were approved at the last meeting are now available on our site <http://www.aaphp.org/application>

AAPHP@AAPHP14 Apr

Guidance for control of carbapenem-resistant enterobacteriaceae (CRE) in health care facilities <http://www.cdc.gov/hai/organisms/cre/cre-toolkit/> ....

AAPHP@AAPHP14 Apr

CME for MMWR articles available at: [http://www.cdc.gov/mmwr/cme/conted\\_info.html#weekly](http://www.cdc.gov/mmwr/cme/conted_info.html#weekly) ... including recent Carbapenem-resistant report [http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6209a3.htm?s\\_cid=mm6209a3\\_w](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6209a3.htm?s_cid=mm6209a3_w) ...

AAPHP@AAPHP14 Apr

Excellent guidance on tick management and other preventive measures for Lyme is available at <http://www.ct.gov/dph/cwp/view.asp?a=3136&q=395590> ...

AAPHP@AAPHP14 Apr

From Latest E-brief: CME Case Study Course for the Clinical Assessment, Treatment, and Prevention of Lyme Disease: <http://lymecourse.idsociety.org/>



AAPHP@AAPHP7 Apr

#NPHW Preventing #STDs is BEST but if you get an STD, get treated AND cooperate with your LHD as they inform and test past partners.

AAPHP@AAPHP7 Apr

@WebMD The problem isn't cleaning our plates. The solution is smaller plates, less on them, and moving more. Don't eat what you don't need!

AAPHP@AAPHP7 Apr

#NPHW Public Health SHARES for better ROI. Great site for sharing real-world tools and strategies for preparedness <http://www.publichealthpractices.org/>

AAPHP@AAPHP7 Apr

#NPHW Stress Reduction ROI Here are simple free podcasts for stress reduction <http://rabin.podbean.com/> from Dr. Bruce Rabin and UPMC.

AAPHP@AAPHP7 Apr

WOW Great DAY #NPHW, World Health Day 2013 AND <http://www.NextGenU.org> launches globally <https://www.nextgenu.org/pages/news.php#news> ... We can make a difference!

AAPHP@AAPHP6 Apr

#NPHW ROI Free Directly Observed Therapy is associated with a decrease in resistant tuberculosis. <http://www.biomedcentral.com/1471-2458/11/19> Save lives/money

AAPHP@AAPHP6 Apr

#NPHW Planning before travel with vaccines and knowledge has a great ROI. Learn how to prepare for your destination <http://wwwnc.cdc.gov/travel/destinations/list.htm> ...

AAPHP@AAPHP6 Apr

#NPHW Walking ROI saves money save lives but not everyone has safe walking routes. Your chance to comment and act! <http://everybodywalk.org/takeaction>

AAPHP@AAPHP6 Apr

#NPHW Healthcare Infection Control including safe injection practices are ROI. Here is information for patients: [http://www.oneandonlycampaign.org/patient\\_information](http://www.oneandonlycampaign.org/patient_information) ...

AAPHP@AAPHP6 Apr

#NPHW is a great week to quit smoking ROI!. Our member contribution page <http://www.aaphp.org/Member> links to wisdom for smokers by two PHP's.

AAPHP@AAPHP6 Apr

#NPHW Vaccines aren't just for kids. See how adults can benefit. <http://www.cdc.gov/vaccines/schedules/easy-to-read/adult.html#print> ... Help yourself, help others, save money, save lives.

AAPHP@AAPHP5 Apr

#NPHW Following #H7N9 ? Flu Wiki Forum <http://www.newfluwiki2.com/> has been tracking flu since 2006! Public Health has many tools to use! ROI

AAPHP@AAPHP3 Apr

#NPHW Fight the poor nutrition epidemic by eating healthy kinds and amounts of food. Here is one resource: <http://www.hsph.harvard.edu/nutritionsource/> ...

AAPHP@AAPHP3 Apr

#NPHWchat A7 Let's talk about the causes of chronic disease - the inactivity and poor nutrition epidemics rather labeling people.

AAPHP@AAPHP3 Apr

A6 We should not need special workplace wellness practices! The Public should have access to these valuable services. #NPHWchat

AAPHP@AAPHP3 Apr

Q5 The real question is ROI to whom? If you make money from disease, then public health does not save money just lives. #NPHWchat

AAPHP@AAPHP3 Apr

#NPHWchat A4 TB, Pertussis, Hepatitis A, Lead, rabies, and carcinogens are just things the public health workforce protects us from.

AAPHP@AAPHP3 Apr

#NPHWchat A4 Worldwide outbreaks can start with just a few cases. Look how much the Public Health workforce saved by containing SARS.

AAPHP@AAPHP3 Apr

HEROS are folks quarantined/isolated to protect others. #NPHW If not for their sacrifice SARS would still kill <http://www.cdc.gov/sars/quarantine/fs-isolation.html> ...

AAPHP@AAPHP2 Apr

#NPHW Battle the Inactivity Epidemic -Great ROI - Physical activity associated with longer life at every weight!! <http://www.plosmedicine.org/article/info:doi/10.1371/journal.pmed.1001335?imageURI=info:doi/10.1371/journal.pmed.1001335.g002> ...

AAPHP@AAPHP2 Apr

#NPHW Battle the Inactivity Epidemic - Support the Call to Action On Walking! Great ROI <http://everybodywalk.org/takeaction>

AAPHP@AAPHP2 Apr

#NPHW Battle the Inactivity Epidemic <http://www.ncbi.nlm.nih.gov/pubmed/16246279> by active human transportation! <https://sites.google.com/site/ncactive/> Saves lives/money!

AAPHP@AAPHP1 Apr

#NPHW Public Health is much more than access to healthcare! The other 9 Essential Services of Public Health are here: <http://www.apha.org/programs/standards/performancestandardsprogram/resexentialservices.htm> ...

AAPHP@AAPHP1 Apr

#NPHW If you live in parts of the country with Lyme Disease learn how to prevent tick bites and Lyme Disease.  
<http://www.ct.gov/dph/cwp/view.asp?a=3136&q=395590> ...

AAPHP@AAPHP1 Apr

NPHW# Protecting Your Family From Hurricanes, Earthquakes and Other Disasters <http://www.dr-kate.com/>

APHA@PublicHealth1 Apr

It's National Public Health Week! Join us as we celebrate public health April 1-7: <http://goo.gl/Q6SPK> #NPHW  
(Please retweet!)

AAPHP@AAPHP1 Apr

#NPHW Health centers that charge you what you can afford based on your income. [http://findahealthcenter.hrsa.gov/Search\\_HCC.aspx](http://findahealthcenter.hrsa.gov/Search_HCC.aspx)

AAPHP@AAPHP1 Apr

#NPHW Public Health ROI - Impact of clean water and vaccines on saving lives and money (see figure 2) <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm4829a1.htm> ...

AAPHP@AAPHP1 Apr

#NPHW Public Health Week Starts Today! Don't know what public health is? Check out our public health basics page: <http://aaphp.org/Basics>

AAPHP@AAPHP13 Mar

Thank you One Health Initiative for making Dr Laura Kahn's lecture at our annual meeting available on your site. <http://www.onehealthinitiative.com/news.php>

## Membership Up to Date?

Is your membership up to date? We will soon be limiting correspondence to active members only and do not want you to miss out on important news. You can check by going to the website, <http://www.aaphp.org>, entering you email address and password to reach your profile. If you have not set a password yet, just click on the forgot password and they will send you instructions on how to set one. Or you can send an inquiry to Sandy Magyar ( [magyarsf@bellsouth.net](mailto:magyarsf@bellsouth.net) ) and she will check for you. Don't delay, rejoin today.

\*\*\*\*\* About the AAPHP E-Bulletin \*\*\*\*\* This message is an electronic newsletter from the American Association of Public Health Physicians (AAPHP) to AAPHP members.

More information about AAPHP is at <http://www.aaphp.org>. AAPHP makes this electronic newsletter available on its website— <http://www.aaphp.org>. Members are sent the newsletter directly via email. If you like what you have been reading and want to become a part of AAPHP, you can join directly on-line from the website or download a copy and mail it to the address on the form or fax it.